



ADULT SUPPORT GROUP



Do You Have a Family Member or
Loved One Living With Emotional
or Mental Health Challenges?

Hybrid In-Person/Zoom Meetings Now Available

**Tuesdays
12:00pm–3:00pm**

**784 High Street,
Conference Room One**

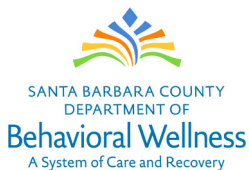
Education. Support. Resource Connection.

The Family Services Program provides compassionate, informed assistance to families, friends and loved ones of persons they know or suspect has a mental illness.



Registration required for Zoom link.

For more information about how to connect, please contact Shawn Ison at (805) 540-6571 or sison@t-mha.org and visit www.t-mha.org/family-support.php



San Luis
Obispo
County